



MENTAL HEALTH FIRST AID INTERNATIONAL (SINGAPORE)

accredits

Racheal Foo

as a **Standard Mental Health First Aider**
after successful completion of the course
and assessment.

This 12-hour course teaches skills for providing initial help to a person who is developing a mental health problem or experiencing a mental health crisis.

Alicia Yoon

MHFA INSTRUCTOR(S)

02 Nov 2023

ACCREDITATION DATE

02 Nov 2026

ACCREDITATION EXPIRY DATE

