



MENTAL HEALTH FIRST AID INTERNATIONAL (SINGAPORE)

accredits

Shu Fen Quek

as a **Standard Mental Health First Aider**
after successful completion of the course
and assessment.

This 12-hour course teaches skills for providing initial help to a person who is developing a mental health problem or experiencing a mental health crisis.

Ryan Ang

MHFA INSTRUCTOR(S)

16 Jul 2024

ACCREDITATION DATE

16 Jul 2027

ACCREDITATION EXPIRY DATE

