

## **MENTAL HEALTH FIRST AID INTERNATIONAL (SINGAPORE)**

accredits

**Sarah Tay**

as a **Standard Mental Health First Aider**  
after successful completion of the course  
and assessment.

This 12-hour course teaches skills for providing initial help  
to a person who is developing a mental health problem or  
experiencing a mental health crisis.

**Poh Jing Jiang**

MHFA INSTRUCTOR(S)

**13 Dec 2024**

ACCREDITATION DATE

This accreditation is valid 3 years  
from the accreditation date

