

MENTAL HEALTH FIRST AID INTERNATIONAL (SINGAPORE)

accredits

Shabira Basheer

as a **Standard Mental Health First Aider**
after successful completion of the course
and assessment.

This 12-hour course teaches skills for providing initial help
to a person who is developing a mental health problem or
experiencing a mental health crisis.

Poh Jing Jiang

MHFA INSTRUCTOR(S)

23 May 2025

ACCREDITATION DATE

This accreditation is valid 3 years
from the accreditation date

