intellect

ACCREDITATION

MENTAL HEALTH FIRST AID® International
Licensed Provider

MENTAL HEALTH FIRST AID INTERNATIONAL (SINGAPORE)
accredits

Xue Mei HO

as a **Standard Mental Health First Aider**
after successful completion of the course and assessment.

This 12-hour course teaches skills for providing initial help to a person who is developing a mental health problem or experiencing a mental health crisis.

Poh Jing Jiang
MHFA INSTRUCTOR(S)

30 Oct 2026
ACCREDITATION DATE

This accreditation is valid 3 years from the accreditation date

